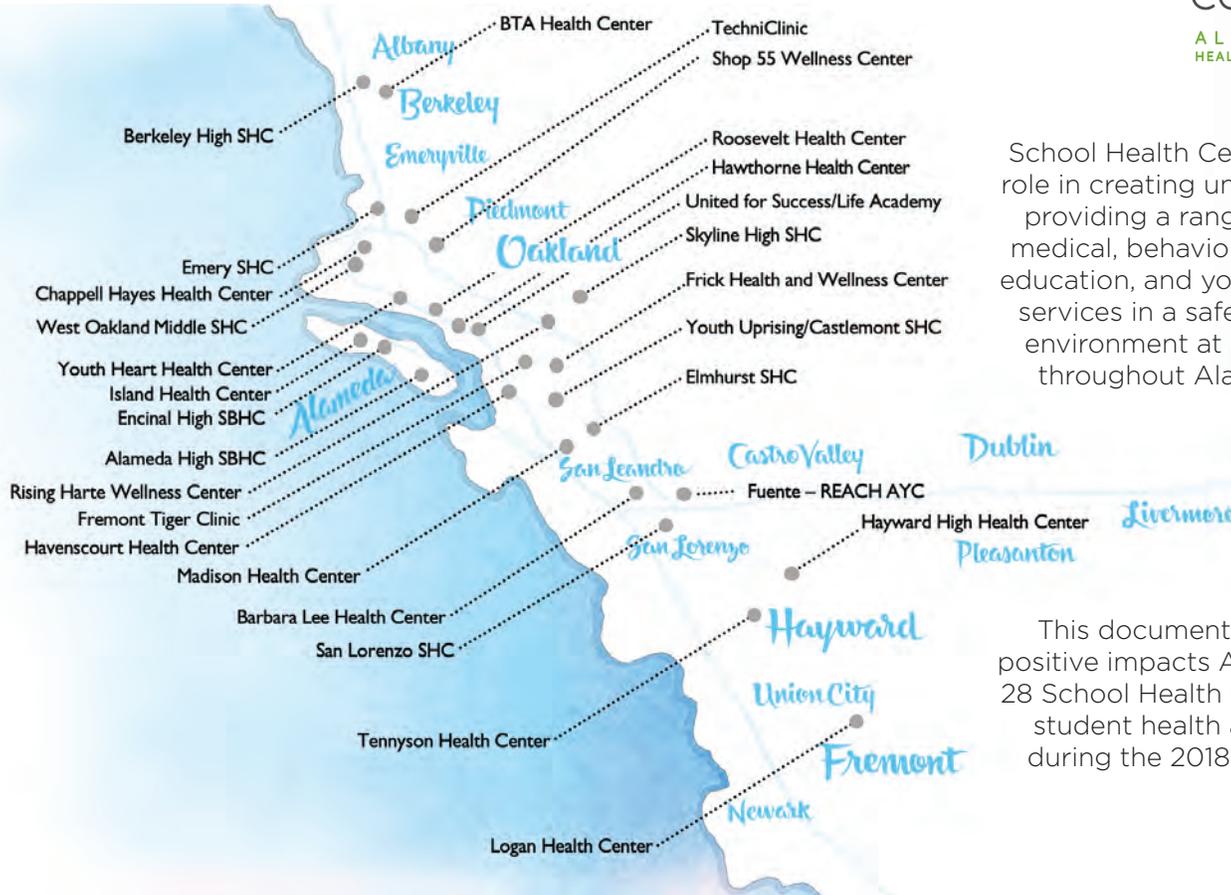


# SCHOOL HEALTH CENTERS

## 2018-19 SCHOOL YEAR BY THE NUMBERS

School Health Centers play a vital role in creating universal access by providing a range of integrated medical, behavioral health, health education, and youth development services in a safe, youth-friendly environment at or near schools throughout Alameda County.

This document highlights the positive impacts Alameda County's 28 School Health Centers made on student health and well-being during the 2018-19 school year.



### SERVICES OFFERED

Mental health counseling and case management

Diagnosis and treatment of medical conditions

Dental screening and treatment

Health education on nutrition, sexual health, and substance use

Youth development and leadership programs

### IMPACT: ENHANCING ACADEMIC SUCCESS

Studies have documented that healthy students have improved academic outcomes.<sup>1,2</sup> **School Health Centers are designed to provide health and wellness services to support the school population and help eliminate barriers to academic success.**

SHC users were more likely than non-users to report they talked to a doctor or nurse about how school is going in the past year (57% vs. 49%).

The majority of clients agreed that the School Health Centers helped them:



Miss less school or class time



Have goals and plans for the future



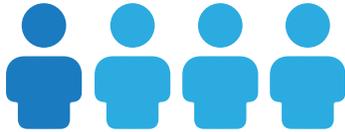
Get better grades



Skip less school/classes

## IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.<sup>3</sup>



### ONE OUT OF FOUR STUDENTS

enrolled in the 43 main schools where students have access to School Health Centers made at least one visit.

### 56,762 VISITS

were provided across the School Health Centers.

**62% RETURNED FOR MULTIPLE SCHOOL HEALTH CENTER VISITS,** demonstrating the value of integrated services.

### NUMBER OF CLIENTS

2012-13

**11,813**

2018-19

**14,500**

### NEARLY ALL CLIENTS AGREE THAT THE SCHOOL HEALTH CENTER...



Makes them feel like they had an adult to turn to for help (96%)



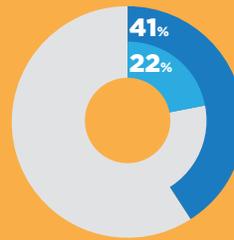
Is a safe place to go if they have a problem (99%)



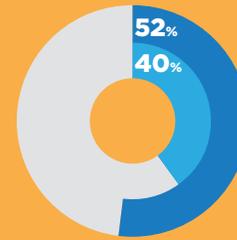
Is easy to get help from when needed (98%)

## IMPACT: INCREASING ACCESS

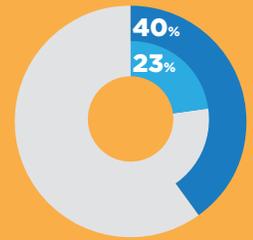
Clients who used the School Health Centers frequently (≥10 times a year) were more likely than non-users in the same schools to report “always” receiving health services when needed in the past year.



Counseling Services



Dental Services



Reproductive Health Services

■ High users ■ Non-users

## IMPACT: SUPPORTING THE SCHOOL COMMUNITY

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.<sup>4</sup>



**22,248**  
SAFETY/CLIMATE  
ACTIVITY CONTACTS



**20,376**  
FIRST AID SUPPLIES  
DISTRIBUTED



**9,346**  
REPRODUCTIVE HEALTH  
EDUCATION CONTACTS



**4,570**  
PARENT/FAMILY SUPPORT



**4,530**  
DENTAL SCREENINGS



**3,196**  
NUTRITION HEALTH  
EDUCATION CONTACTS



**904**  
TRAUMA SCREENINGS



**564**  
ACCULTURATION SUPPORT  
CONTACTS WITH NEWCOMER  
YOUTH

<sup>1</sup> Bradley BJ, Greene AC. Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *J Adolesc Health*. 2017;52(5):523-532.

<sup>2</sup> Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. *J Sch Health*. 2011;81(10):593-598.

<sup>3</sup> Knopf JA, Finnie RK, Peng Y, et al. School-Based Health Centers to Advance Health Equity: A Community Guide Systematic Review. *Am J Prev Med*. 2016;51(1):114-126.

<sup>4</sup> Keeton V, Soleimanpour S, Brindis C. School-based health centers in an era of healthcare reform: Building on history. *Curr Probl Pediatr Adolesc Health Care*. 2012;42(6):132-158.

