School Health Centers play a vital role in creating universal access by providing a range of integrated medical, behavioral health, health education, and youth development services in a safe, youth-friendly environment at or near schools throughout Alameda County.

This document highlights the positive impacts Alameda County’s 28 School Health Centers made on student health and well-being during the 2018-19 school year.

**IMPACT: ENHANCING ACADEMIC SUCCESS**

Studies have documented that healthy students have improved academic outcomes. School Health Centers are designed to provide health and wellness services to support the school population and help eliminate barriers to academic success.

SHC users were more likely than non-users to report they talked to a doctor or nurse about how school is going in the past year (57% vs. 49%).

The majority of clients agreed that the School Health Centers helped them:

- Miss less school or class time (91%)
- Have goals and plans for the future (89%)
- Get better grades (81%)
- Skip less school/classes (79%)
This report was produced by the Alameda County Center for Healthy Schools and Communities in partnership with the School Health Services Research & Evaluation Team from UCSF.

**IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE**

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.¹

**ONE OUT OF FOUR STUDENTS**

enrolled in the 43 main schools where students have access to School Health Centers made at least one visit.

**56,762 VISITS**

were provided across the School Health Centers.

**62% RETURNED FOR MULTIPLE SCHOOL HEALTH CENTER VISITS**, demonstrating the value of integrated services.

**NUMBER OF CLIENTS**

- **2012-13**: 11,813
- **2018-19**: 14,500

**NEARLY ALL CLIENTS AGREE THAT THE SCHOOL HEALTH CENTER**...

- Makes them feel like they had an adult to turn to for help (96%)
- Is a safe place to go if they have a problem (99%)
- Is easy to get help from when needed (98%)

**IMPACT: INCREASING ACCESS**

Clients who used the School Health Centers frequently (≥10 times a year) were more likely than non-users in the same schools to report “always” receiving health services when needed in the past year.

**IMPACT: SUPPORTING THE SCHOOL COMMUNITY**

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.²


2 Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. J Sch Health. 2011;81(10):583–596.


The mission of the Center for Healthy Schools and Communities (CHSC) is to foster the academic success, health, and well-being of Alameda County youth by building universal access to high quality support and opportunities in schools and neighborhoods. We envision a county where all young people graduate from high school healthy and ready for college and career.