



Oakland Unified School District's (OUSD) School Health Centers are part of the district's commitment to creating the necessary conditions each child needs to graduate college, career and community ready. This document highlights the positive impacts School Health Centers made on student health and well-being during the 2019-20 school year.



Supporting the School Community during the COVID-19 Pandemic

Despite school closures in March 2020 due to the COVID-19 pandemic, the School Health Centers pivoted quickly to continue to serve their school communities, including:

- Conducting outreach to assess youth and families' needs and to educate them about telehealth options and services available at school sites and/or lead agency clinics.
- Providing referrals and supports for critical basic needs, such as distributing community resource guides, assisting with food distribution, and assisting families with public benefits enrollment.
- Continuing participation in their schools' Coordination of Services Team (COST) meetings to ensure students had timely access and follow-up to health, academic, and support services.
- Modifying services to shift from in-person to virtual care.

School Health Center Locations

- Bret Harte Middle
- Castlemont High
- Coliseum College Prep Academy
- Elmhurst United Middle
- Fremont High
- Frick Impact Academy
- La Escuelita / MetWest / Dewey Academy
- Madison Park Academy
- McClymonds High
- Oakland High
- Oakland Technical High
- Roosevelt Middle
- Skyline High
- United for Success / Life Academy
- Urban Promise Academy / Hawthorne
- West Oakland Middle



SERVICES OFFERED

Mental health counseling and case management

Diagnosis and treatment of medical conditions

Dental screening and treatment

Health education on nutrition, sexual health, and substance use

Youth development and leadership programs

IMPACT: ENHANCING ACADEMIC SUCCESS

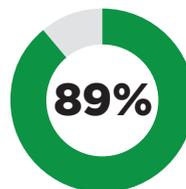
Studies have documented that healthy students have improved academic outcomes.^{1,2} **School Health Center services are designed to support the health and wellness of the school population and help eliminate barriers to academic success.**

SHC users were more likely than non-users to report they talked to a doctor or nurse about how school is going in the past year (58% vs. 49%).

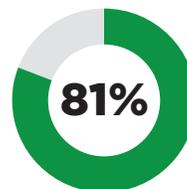
The majority of clients agreed that the School Health Centers helped them:



Miss less school or class time



Have goals and plans for the future



Get better grades



Skip less school/classes

The health center is great because it's local and helpful. My therapist helped me reduce my stress and family issues.

- Health Center Client

IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.³



TWO OUT OF FIVE STUDENTS

enrolled in the 22 main OUSD schools where students have access to School Health Centers made at least one visit.

28,858 VISITS

were provided across the School Health Centers.

58% RETURNED FOR MULTIPLE SCHOOL HEALTH CENTER VISITS, demonstrating the value of integrated services.

NUMBER OF CLIENTS SERVED

2012-13

6,621

2019-20

8,220

Nearly all clients agree that the School Health Center...



Makes them feel like they had an adult to turn to for help (96%)



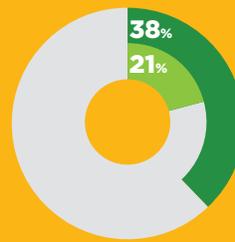
Is a safe place to go if they have a problem (99%)



Is easy to get help from when needed (98%)

IMPACT: INCREASING ACCESS

Clients who used the School Health Centers frequently (>10 times a year) were more likely than non-users in the same schools to report receiving health services when needed in the past year.



Counseling Services



Dental Services



Reproductive Health Services

■ High users
■ Non-users

IMPACT: SUPPORTING THE SCHOOL COMMUNITY

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.⁴



20,200
SAFETY/CLIMATE
ACTIVITY CONTACTS



14,283
FIRST AID SUPPLIES
DISTRIBUTED



3,483
DENTAL SCREENINGS



3,483
REPRODUCTIVE HEALTH
CONTACTS



2,817
NUTRITION HEALTH
EDUCATION CONTACTS



1,718
JOB TRAINING/CAREER
EXPLORATION CONTACTS



720
TRAUMA SCREENINGS



535
ACCULTURATION SUPPORT
CONTACTS WITH NEWCOMER
YOUTH

¹ Bradley BJ, Greene AC. Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *J Adolesc Health.* 2017;52(5):523-532.

² Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. *J Sch Health.* 2011;81(10):593-598.

³ Knopf JA, Finnie RK, Peng Y, et al. School-Based Health Centers to Advance Health Equity: A Community Guide Systematic Review. *Am J Prev Med.* 2016;51(1):114-126.

⁴ Keeton V, Soleimanpour S, Brindis C. School-based health centers in an era of healthcare reform: Building on history. *Curr Probl Pediatr Adolesc Health Care.* 2012;42(6):132-158.