Oakland Unified School District's (OUSD) School Health Centers are part of the district's commitment to creating the necessary conditions each child needs to graduate college, career and community ready. This document highlights the positive impacts School Health Centers made on student health and well-being during the 2019-20 school year.

Supporting the School Community during the COVID-19 Pandemic

Despite school closures in March 2020 due to the COVID-19 pandemic, the School Health Centers pivoted quickly to continue to serve their school communities, including:

- Conducting outreach to assess youth and families' needs and to educate them about telehealth options and services available at school sites and/or lead agency clinics.
- Providing referrals and supports for critical basic needs, such as distributing community resource guides, assisting with food distribution, and assisting families with public benefits enrollment.
- Continuing participation in their schools’ Coordination of Services Team (COST) meetings to ensure students had timely access and follow-up to health, academic, and support services.
- Modifying services to shift from in-person to virtual care.

School Health Center Locations

- Bret Harte Middle
- Castlemont High
- Coliseum College Prep Academy
- Elmhurst United Middle
- Fremont High
- Frick Impact Academy
- La Escuelita / MetWest / Dewey Academy
- Madison Park Academy
- McClymonds High
- Oakland High
- Oakland Technical High
- Roosevelt Middle
- Skyline High
- United for Success / Life Academy
- Urban Promise Academy / Hawthorne
- West Oakland Middle

IMPACT: ENHANCING ACADEMIC SUCCESS

Studies have documented that healthy students have improved academic outcomes. School Health Center services are designed to support the health and wellness of the school population and help eliminate barriers to academic success.

SHC users were more likely than non-users to report they talked to a doctor or nurse about how school is going in the past year (58% vs. 49%).

The majority of clients agreed that the School Health Centers helped them:

- Miss less school or class time (90%)
- Have goals and plans for the future (89%)
- Get better grades (81%)
- Skip less school/classes (77%)

The health center is great because it’s local and helpful. My therapist helped me reduce my stress and family issues.

- Health Center Client

SERVICES OFFERED

- Mental health counseling and case management
- Diagnosis and treatment of medical conditions
- Dental screening and treatment
- Health education on nutrition, sexual health, and substance use
- Youth development and leadership programs
This report was produced by the Alameda County Center for Healthy Schools and Communities in partnership with the Oakland Unified School District and the School Health Services Research & Evaluation Team from UCSF. In Spring 2020, services and evaluation data collection were interrupted due to the COVID-19 pandemic, thus some data in this report are from the 2018-19 school year.

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<tr>
<th>Category</th>
<th>2012-13</th>
<th>2019-20</th>
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</thead>
<tbody>
<tr>
<td>Safety/Climate Activity Contacts</td>
<td>6,621</td>
<td>8,220</td>
</tr>
<tr>
<td>Dental Screenings</td>
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<td>3,483</td>
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<td>Nutrition Health Education</td>
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<td></td>
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<tr>
<td>Trauma Screenings</td>
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<td>Reproductive Health Contacts</td>
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<td>First Aid Supplies Distributed</td>
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<tr>
<td>Job Training/Career Exploration</td>
<td></td>
<td>1,718</td>
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</tbody>
</table>

**IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE**

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.  

**IMPACT: INCREASING ACCESS**

Clients who used the School Health Centers frequently (>10 times a year) were more likely than non-users in the same schools to report receiving health services when needed in the past year.

**IMPACT: SUPPORTING THE SCHOOL COMMUNITY**

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.

**Number of Clients Served**

<table>
<thead>
<tr>
<th>Year</th>
<th>Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012-13</td>
<td>6,621</td>
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<tr>
<td>2019-20</td>
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</tr>
</tbody>
</table>

Nearly all clients agree that the School Health Center...

- Makes them feel like they had an adult to turn to for help (96%)
- Is a safe place to go if they have a problem (99%)
- Is easy to get help from when needed (98%)


2 Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. J Sch Health. 2011;81(10):593–598.
