Oakland Unified School District’s (OUSD) School Health Centers are part of the district’s commitment to creating the necessary conditions each child needs to graduate college, career and community ready. This document highlights the positive impacts School Health Centers made on student health and well-being during the 2018-19 school year.

School Health Center Locations

- Bret Harte Middle
- Castlemont High
- Coliseum College Prep Academy / Roots
- Elmhurst / Alliance Academy
- Fremont High
- Frick Impact Academy
- La Escuelita / MetWest / Dewey Academy
- Madison Park Academy
- McClymonds High
- Oakland High
- Oakland Technical High
- Roosevelt Middle
- Skyline High
- United for Success / Life Academy
- Urban Promise Academy / Hawthorne
- West Oakland Middle

IMPACT: ENHANCING ACADEMIC SUCCESS

Studies have documented that healthy students have improved academic outcomes.1, 2 School Health Centers are designed to provide health and wellness services to support the school population and help eliminate barriers to academic success.

SHC users were more likely than non-users to report they talked to a doctor or nurse about how school is going in the past year (58% vs. 49%).

The majority of clients agreed that the School Health Centers helped them:

- Miss less school or class time: 90%
- Have goals and plans for the future: 89%
- Get better grades: 81%
- Skip less school/classes: 77%

The health center is great because it’s local and helpful. My therapist helped me reduce my stress and family issues.

- Health Center Client
This report was produced by the Alameda County Center for Healthy Schools and Communities in partnership with the Oakland Unified School District and the School Health Services Research & Evaluation Team from UCSF.

TWO OUT OF FIVE STUDENTS enrolled in the 25 main OUSD schools where students have access to School Health Centers made at least one visit.

36,676 VISITS were provided across the School Health Centers.

64% RETURNED FOR MULTIPLE SCHOOL HEALTH CENTER VISITS, demonstrating the value of integrated services.

IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE
School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.3

IMPACT: INCREDING ACCESS
Clients who used the School Health Centers frequently (>10 times a year) were more likely than non-users in the same schools to report receiving health services when needed in the past year.

IMPACT: SUPPORTING THE SCHOOL COMMUNITY
School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.4


2 Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. J Sch Health. 2011;81(10):593–598.
