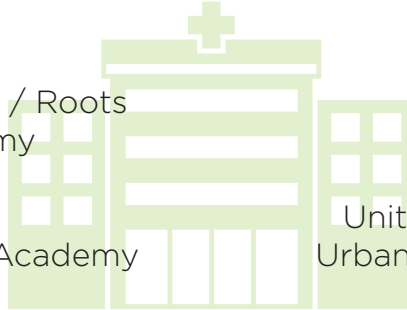




**Oakland Unified School District's (OUSD) School Health Centers** are part of the district's commitment to creating the necessary conditions each child needs to graduate college, career and community ready. This document highlights the positive impacts School Health Centers made on student health and well-being during the 2018-19 school year.

### School Health Center Locations

Bret Harte Middle  
Castlemont High  
Coliseum College Prep Academy / Roots  
Elmhurst / Alliance Academy  
Fremont High  
Frick Impact Academy  
La Escuelita / MetWest / Dewey Academy  
Madison Park Academy



McClymonds High  
Oakland High  
Oakland Technical High  
Roosevelt Middle  
Skyline High  
United for Success / Life Academy  
Urban Promise Academy / Hawthorne  
West Oakland Middle



### SERVICES OFFERED

Mental health counseling and case management

Diagnosis and treatment of medical conditions

Dental screening and treatment

Health education on nutrition, sexual health, and substance use

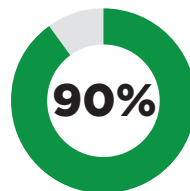
Youth development and leadership programs

### IMPACT: ENHANCING ACADEMIC SUCCESS

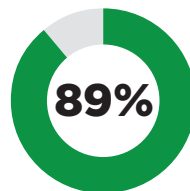
Studies have documented that healthy students have improved academic outcomes.<sup>1,2</sup> **School Health Centers are designed to provide health and wellness services to support the school population and help eliminate barriers to academic success.**

SHC users were more likely than non-users to report they talked to a doctor or nurse about how school is going in the past year (58% vs. 49%).

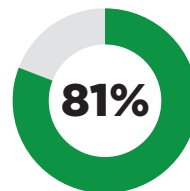
The majority of clients agreed that the School Health Centers helped them:



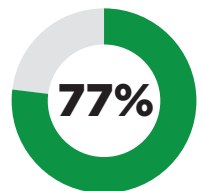
Miss less school or class time



Have goals and plans for the future



Get better grades



Skip less school/classes

**The health center is great because it's local and helpful. My therapist helped me reduce my stress and family issues.**

- Health Center Client

## IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.<sup>3</sup>



### TWO OUT OF FIVE STUDENTS

enrolled in the 25 main OUSD schools where students have access to School Health Centers made at least one visit.

### 36,676 VISITS

were provided across the School Health Centers.

**64% RETURNED FOR MULTIPLE SCHOOL HEALTH CENTER VISITS,** demonstrating the value of integrated services.

### NUMBER OF CLIENTS SERVED

2012-13

6,621

2018-19

8,386

Nearly all clients agree that the School Health Center...



Makes them feel like they had an adult to turn to for help (96%)



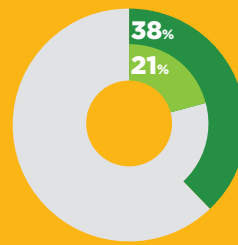
Is a safe place to go if they have a problem (99%)



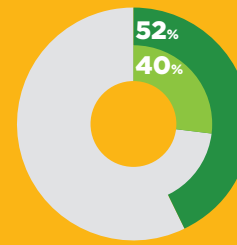
Is easy to get help from when needed (98%)

## IMPACT: INCREASING ACCESS

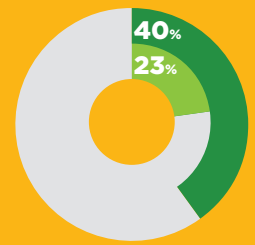
Clients who used the School Health Centers frequently (>10 times a year) were more likely than non-users in the same schools to report receiving health services when needed in the past year.



Counseling Services



Dental Services



Reproductive Health Services

High users  
Non-users

## IMPACT: SUPPORTING THE SCHOOL COMMUNITY

School Health Centers reach beyond the clinic walls to provide public health services to the entire school community.<sup>4</sup>



20,200  
SAFETY/CLIMATE  
ACTIVITY CONTACTS



14,283  
FIRST AID SUPPLIES  
DISTRIBUTED



3,483  
DENTAL SCREENINGS



3,483  
REPRODUCTIVE HEALTH  
CONTACTS



2,817  
NUTRITION HEALTH  
EDUCATION CONTACTS



1,718  
JOB TRAINING/CAREER  
EXPLORATION CONTACTS



720  
TRAUMA SCREENINGS



535  
ACCULTURATION SUPPORT  
CONTACTS WITH NEWCOMER  
YOUTH

<sup>1</sup> Bradley BJ, Greene AC. Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *J Adolesc Health.* 2017;52(5):523-532.

<sup>2</sup> Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. *J Sch Health.* 2011;81(10):593-598.

<sup>3</sup> Knopf JA, Finnie RK, Peng Y, et al. School-Based Health Centers to Advance Health Equity: A Community Guide Systematic Review. *Am J Prev Med.* 2016;51(1):114-126.

<sup>4</sup> Keeton V, Soleimanpour S, Brindis C. School-based health centers in an era of healthcare reform: Building on history. *Curr Probl Pediatr Adolesc Health Care.* 2012;42(6):132-158.