



**Oakland Unified School District's (OUSD) School Health Centers** are part of the district's commitment to creating the necessary conditions each child needs to graduate college, career and community ready. This document highlights the positive impacts School Health Centers made on student health and well-being during the 2017-18 school year.



### SERVICES OFFERED:

- Mental health counseling and case management**
- Diagnosis and treatment of medical conditions**
- Dental screening and treatment**
- Health education on nutrition, sexual health, and substance use**
- Youth development and leadership programs**

### IMPACT: ENHANCING ACADEMIC SUCCESS

Studies have documented that healthy students have improved academic outcomes.<sup>1,2</sup> **School Health Centers are designed to provide health and wellness services to support the school population and help eliminate barriers to academic success.**

#### Keeping Students in School

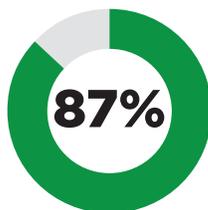
The vast majority of clients who visited the School Health Centers for a medical visit were sent back to class (97%) rather than sent home. Without health services on/nearby campus, students might have missed a portion of the school day to have their health needs addressed.<sup>3</sup>

#### Supporting Academic Achievement

The majority of clients "agreed" or "strongly agreed" that the School Health Centers helped them:



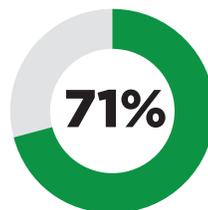
Miss less school or class time



Have goals and plans for the future



Get better grades



Skip less school/classes



## IMPACT: PROVIDING UNIVERSAL ACCESS TO HEALTH CARE

School Health Centers provide youth access to health care in a convenient and familiar setting and have been shown to improve health equity and health and education outcomes.<sup>4</sup>

### Serving Students and Community Members

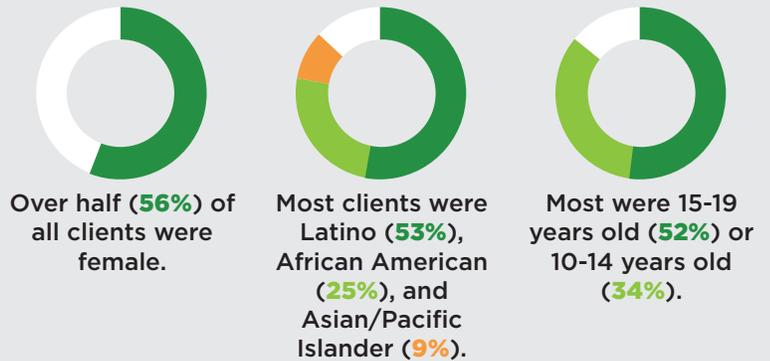
In the 23 main OUSD schools where students have access to School Health Centers, **41% of the school population made at least one visit.**

**Over one-third (36%) of the clients were community clients**, including graduates, family/community members, and out of school youth.

### Offering Integrated Services

From 2012-13 to 2017-18, the number of OUSD School Health Center visits increased from 31,160 to 37,438. Most visits were for medical (45%) or individual behavioral health (31%) services, but also included dental, first aid, health education and group behavioral health.

### THE OUSD SCHOOL HEALTH CENTERS SERVED A DIVERSE CLIENT GROUP:



### NUMBER OF CLIENTS SERVED:

2012-13

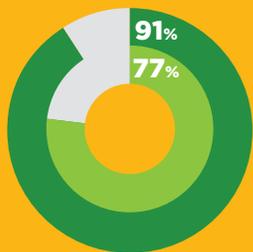
6,621

2017-18

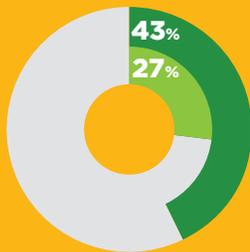
8,874

### Reaching Students Most in Need

Clients who used the School Health Centers frequently (>10 times a year) were more likely than non-users in the same schools to need support. They were more likely to:



Receive free or reduced lunch



Have experienced chronic sadness and hopelessness



Have seriously considered suicide

■ High users  
■ Non-users

Given the high needs of these youth, it is encouraging that they are receiving much needed services from the School Health Centers. **In fact, one out of four high frequency users reported receiving medical, mental health, and dental care from the School Health Centers.** School Health Center high frequency (68%) and low frequency (64%) users were also more likely than non-users (57%) to report having an adult who cared about them at school.

## Achieving High Client Satisfaction

Most clients (66%) returned for multiple visits of different types (i.e., medical and behavioral health), demonstrating the value of integrated services.

Nearly all clients agreed that the School Health Centers helped them get care sooner than they normally would (96%), learn how to take better care of their health (97%), use protection (like condoms, birth control) more often (94%), and deal with stress/anxiety better (90%).

Nearly all clients agree that School Health Center staff...	
	Are easy to talk to (98%)
	Treat me with respect (99%)
	Care about me (99%)
	Listen carefully (99%)
	Make me feel welcome (99%)
	Keep my information private (99%)



## WHAT CLIENTS SAID...

I appreciate everyone who works here, they're all friendly, caring and helpful.

Having the clinic at school makes me more inclined to go talk to a nurse when I need help.

You all rock! Thank you for taking good care of me!

Thanks for being here and helping me.

The Health Center takes really good care for us and always find a solution to help.

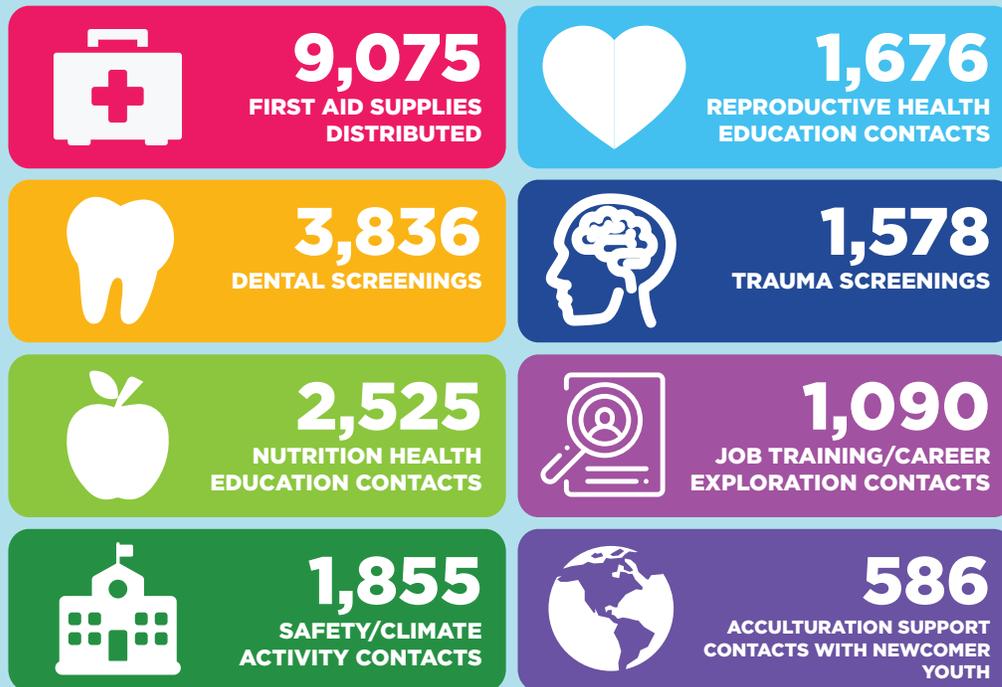
They have always answered every question even though I ask 1 million every time I come.

## IMPACT: SUPPORTING THE SCHOOL COMMUNITY

School Health Center services expand beyond the provision of individual client health-related services to reach the broader school community. Research has found that the School Health Centers are associated with characteristics of positive school learning environments.<sup>5</sup>

## Reaching Beyond the Clinic Walls

School Health Centers reach beyond the clinic walls to provide public health services to the entire student population, including:



<sup>1</sup> Bradley BJ, Greene AC. Do health and education agencies in the United States share responsibility for academic achievement and health? A review of 25 years of evidence about the relationship of adolescents' academic achievement and health behaviors. *J Adolesc Heal.* 2017;52(5):523-532.

<sup>2</sup> Basch CE. Healthier students are better learners: A missing link in school reforms to close the achievement gap. *J Sch Health.* 2011;81(10):593-598.

<sup>3</sup> Van Cura M. The relationship between school-based health centers, rates of early dismissal from school, and loss of seat time. *J Sch Health.* 2010;80:371-7.

<sup>4</sup> Knopf JA, Finnie RK, Peng Y, et al. School-Based Health Centers to Advance Health Equity: A Community Guide Systematic Review. *Am J Prev Med.* 2016;51(1):114-126.

<sup>5</sup> Strolin-Goltzman J. The relationship between school-based health centers and the learning environment. *J Sch Health.* 2010;80:153-9.